



Giant Neck Lymphangioma in Adult with Ethanol Ablation Treatment: A Rare Case Report

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Authors' contributions

This work was carried out in collaboration between both authors. Both authors read and approved the final manuscript.

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Case Study

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ABSTRACT

Introduction: Neck lymphangioma is a benign congenital malformation that occurs frequently in children, and is rare in adults. They are usually found in the head and neck region and are often considered a metastatic lesion rather than a primary neoplasia. Most lymphangiomas are acquired at birth which is about 60%, and by the age of 2 years about 80% to 90% are present. The most common location of the abnormality is the submandibular region followed by the parotid gland.

Case Presentation: A 22-year-old man with complaints of lumps on the right side of the neck that has been getting bigger since 5 months ago. The lump initially appeared the size of a tennis ball, then quickly grew to the size of a watermelon within a month. Physical examination revealed a mass in the right colli region, cystic, fixed, multiple masses of varying size. The core biopsy examination showed the results of lymphangioma. The patient was treated with Ethanol Ablation.

Discussion: Neck lymphangiomas that are clinically more circumscribed than cavernous

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lymphangioma. On physical examination, they are soft, with varying sizes and shapes, and will typically grow if not surgically excised. MRI can be useful in determining the extent of anatomical involvement of cystic or cavernous lymphangiomas. Treatment of neck lymphoma is mainly surgical resection. Resection surgery can be associated with complications like lymphatic leaks, fistula formation, chronic wounds, neck on account of mucosal oedema, enlargement of internal lymphangiomas, and loss of neural innervation to the pharynx or tongue. Radiofrequency ablation is a safe, viable alternative and effective debulking treatment of neck lymphangioma.

Conclusion: We recommend ethanol ablation is a safe, viable alternative and effective debulking treatment of neck lymphangioma and thermal damage to surrounding tissues. This paper constitutes the first report of successful treatment of airway obstruction due to neck lymphangioma.

Keywords: Neck lymphangioma; ethanol ablation; congenital.

1. INTRODUCTION

Lymphangioma of the neck is a benign congenital malformation that occurs frequently in children, and is rare in adults. They are usually found in the head and neck region and are often considered a metastatic lesion rather than a primary neoplasia. Most lymphangiomas are acquired at birth which is about 60%, and by the age of 2 years about 80% to 90% are present. The most common location of the abnormality is the submandibular region followed by the parotid gland [1].

Currently, the resection procedure is still the standard treatment of lymphangioma. Surgical resection may be associated with complications such as lymphatic leakage, fistula formation, chronic wounds, neck due to mucosal oedema, enlarged internal lymphangiomas, and impaired nerve supply to the pharynx or tongue [2]. Ethanol ablation is a safe and feasible alternative

therapy and an effective debulking procedure for neck lymphangiomas [3]. We report in detail the ethanol ablation management of neck lymphangiomas.

2. CASE PRESENTATION

A 22-year-old man with complaints of lumps on the right side of the neck that has been getting bigger since 5 months ago. The lump initially appeared the size of a tennis ball, then quickly grew to the size of a watermelon within a month. Physical examination revealed a mass in the right colli region, cystic, fixed, multiple masses of varying size. The patient's vital signs showed blood pressure 133/73 mmHg, heart rate 74 beats/minute, respiration rate 20 breaths/minute, temperature 36.0°C. The patient's body mass index was in the underweight category (27 kg/m², weight: 78 kg; TB: 170 cm). On examination of the thorax, abdomen, and extremities, there were no abnormalities.



Fig. 1. Preoperative clinical picture (A and B)

The patient has a history of core biopsy and anatomical pathological examination with the results of lymphangioma was carried out in July 2023. The MRI in July 2023 showed a solid mass with cystic areas in the right colli region which extends to the right submandibular region, right supraclavicular, right thoracic inlet, attached to the right carotid artery, m. right sternocleidomastoid, and urgent trachea to the left suggests lymphangioma. The size of the mass was 20 x 15 x 10 cm appearances were consistent with a lymphangioma.

Hematologic assessment in August 2023 showed that hemoglobin concentration was 17.4 g/L;

mean cell volume was 49 fL, low white blood cell counts (9.3 g/L); platelet coun (360 g/L). Biochemical assessment based on Urea 18 mmol/L, Creatinin 1.1 μ mol/L). The management was treated with Ethanol Ablation.

After the ethanol ablation procedure, the patient received oral painkiller ketorolac 30 mg / 8 hours. The patient was recovered well for a day in treatment ward. After the patient in good condition, the patient was outward and advised to control the oncology surgery policlinic for evaluation.

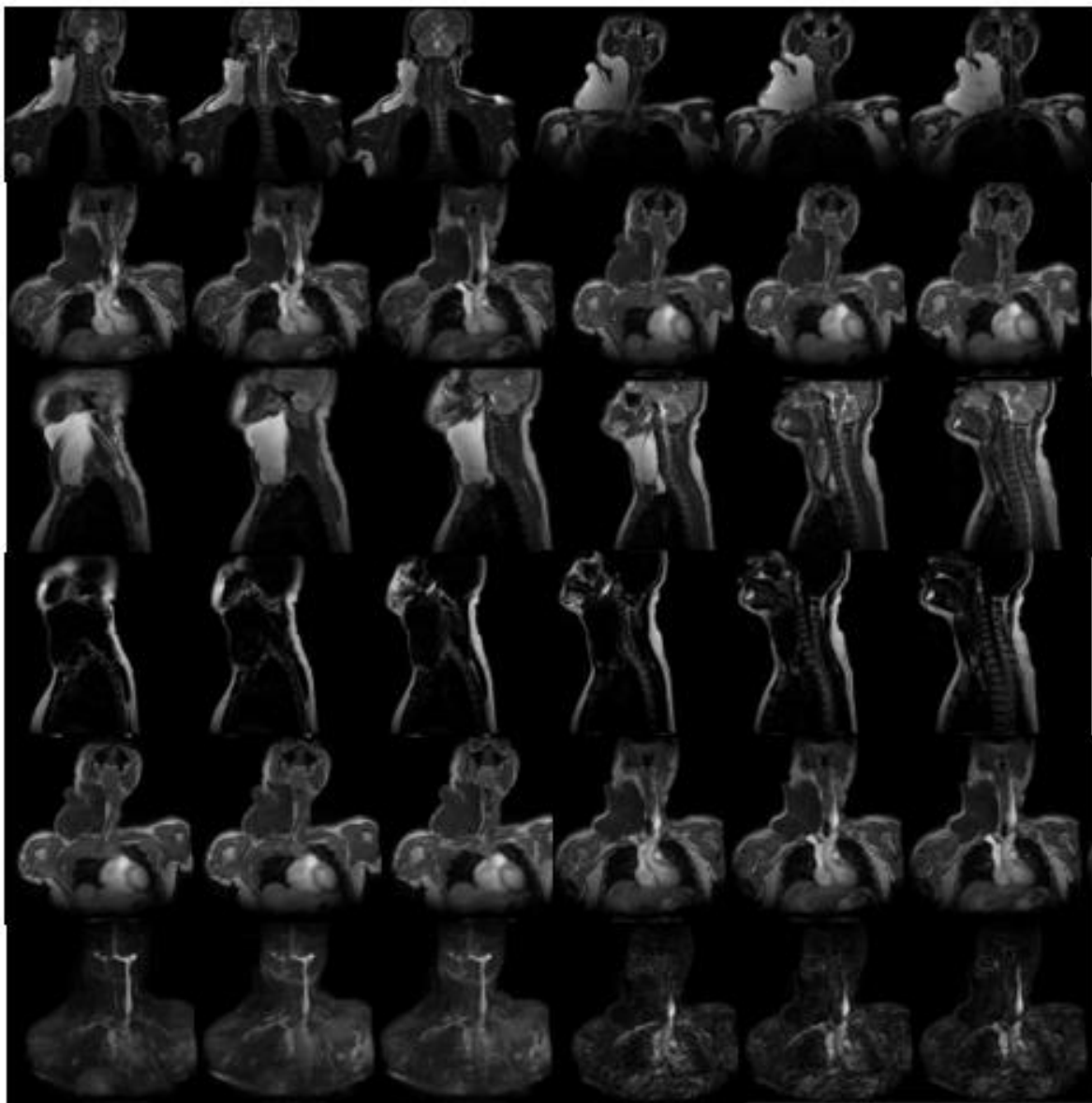


Fig. 2. Cervical MRI with contrast



Fig. 3. Intraoperative: drainage tube insertion with US guiding (A), 720 cc liquid drained out from lymphangioma (B and C), 360 cc ethanol solution injection for ablation (D)



Fig. 4. Intraoperative US imaging: drainage tube insertion (A), 720 cc liquid drained out from lymphangioma (B), 360 cc ethanol solution injection for ablation ©



Fig. 5. 1-month follow up (A and B). 3-month follow up (C and D) after ablation

3. DISCUSSION

Lymphangiomas of the neck are clinically more circumscribed than cavernous lymphangiomas [2,4]. Most common location is the posterior triangle of the neck in 75% of cases, then in the submandibular triangle in 20%, and 5% may present in the abdomen, retroperitoneum, mediastinum and even in multiple locations [1,5,6].

On physical examination, they are soft, with varying sizes and shapes, and will typically grow if not surgically excised [2,7]. The clinical presentation depends on their location. Lymphangiomas of the neck are generally renitent, with no other signs or symptoms [1,8]. They can occasionally cause symptoms due to compression of organs, which can manifest as dysphagia when the oesophagus is compressed and dyspnoea when the trachea is compressed [1,9].

MRI can be useful in determining the extent of anatomical involvement of cystic or cavernous lymphangiomas [2,10,11]. Treatment of neck lymphoma is mainly surgical resection [2,12, 13]. Resection surgery can be associated with complications like lymphatic leaks, fistula formation, chronic wounds, neck on account of mucosal oedema, enlargement of internal lymphangiomas, and loss of neural innervation to the pharynx or tongue. Ethanol ablation is a safe, viable alternative and effective debulking treatment of neck lymphangioma [3, 8, 14,15].

4. CONCLUSION

We recommend ethanol ablation is a safe, viable alternative and effective debulking treatment of neck lymphangioma and thermal damage to surrounding tissues. This paper is the first report on the successful treatment of neck lymphangioma with ethanol ablation.

CONSENT

As per international standards or university standards, patient(s) written consent has been collected and preserved by the author(s).

ETHICAL APPROVAL

As per international standards or university standards written ethical approval has been collected and preserved by the author(s).

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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